Did you know???

-that the MHSAA web site offers a wealth of information on schedules, scores, health and safety, tournaments, etc.

-the year round athletic code and the entire parent student athletic handbook are on line on the school website.

-the Fruitport Athletic Foundation is a parent support organization that is always seeking support for our 7-12 programs? The AF meets the second Monday of each month in the High School Media Center at 6 PM.

-discount ticket cards may be purchased to save 1/3 of regular season home game ticket costs! All season passes for adults, students, and families are available as well.

-senior athletes graduate with a G.P.A. nearly <u>one</u> half grade higher than non- athletes.

-participation in high school athletics is a privilege, not a right, and we expect our athletes to exemplify good citizenship in and out of season, and that our standards of participation often exceed the minimum MHSAA regulations!

-the Fruitport Guidance office or Athletic office can provide you with information about NCAA eligibility for collegiate athletics, and related questions. It is absolutely critical that incoming students and parents understand the importance of scheduling classes that meet NCAA approval, and earning the highest possible grades in those classes as well!

That Fruitport High Schools utilizes the imPACT concussion management program, offering a scientifically based return to play protocol when athletes suffer a suspected concussion

Athletic Office 231-865-4035

School Website: www.fruitportschools.net Jonny Morehouse Athletic Director jmorehouse@fruitportschools.net

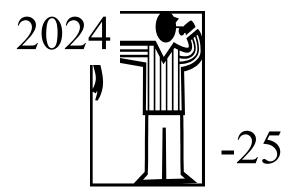
Tricia Winskas Athletic Secretary twinskas@fruitportschools.net

Academic eligibility for sports participation at Fruitport is set by the MHSAA and by school policy. In order to participate, student -athletes must receive credit in 5 of 6 classes in each semester, and must be passing those classes each week.

Athletes must be registered in Final Forms prior to participation. A completed physical form on file dated after April 15, 2024 in order to practice or play during the 2024-25 school year. To register your student in Final Forms, please click the icon on the school athletic department web page, or go to: http://fruitport-mi.finalforms.com

2024-25 service fees for grades 9-12 student athletes are \$85 per school year regardless of the number of sports participated in. Fees must be paid prior to competition.

FRUITPORT HIGH SCHOOL ATHLETIC DEPARTMENT



"Developing student athletes to reach their fullest potential as competitors and people"

Information Guide For Parents of New StudentAthletes

Athletic Office 357 N Sixth Fruitport, MI 49415

231-865-4035

www.fruitportschools.net/highschool Fruitportathletics.org

OUR MISSION

In keeping with the vision of empowering individuals to positively impact their world, the Fruitport Athletic Department mission is to develop student athletes to reach their fullest potential as competitors and as people by giving maximum effort every day.

PARENT COACH COMMUNICATION PLAN

As parents, when your children become involved in the athletic program, you have a right to understand the expectations placed upon your child. This begins with clear communication from his/her coach. It is essential that parents be represented at the parent meeting that each head coach sponsors prior to each season.

The full communication guide is outlined

in the parent student handbook which is signed by parents on Final Forms. Copies of this handbook, as well as other Athletic Department information is also online at www.fruitportschools.net

The five components of teamwork are communication, trust, collective responsibility, caring, and pride.

Coach Mike Krzyzewski. Duke University

	SPORTS AVAIL	ABLE AT FHS
Fall	Football	9, JV, V
	B Soccer	JV, V
	G Golf	V
	B/G XC	V
	G Volleyball	9, JV, V
	B Tennis	V
	Sideline Cheer	JV, V
Winter	Wrestling	V, JV
	B Basketball	9, JV, V
	G Basketball	9, JV, V
	Competitive Cheer	JV, V
	B/G Bowling	V
	Co-op Hockey	
Spring	Softball	JV, V
	B/G Track	V
	G ['] Soccer	JV, V
	B Golf	V
	Baseball	9, JV, V
	G Tennis	JV, V
	B/G Co-op Lacrosse	

ADVICE FOR PARENTS OF ATHLETES

Don't focus on whether your child won or lost. Focus on **effort**, and reaching one's full potential. Don't confuse **worth** with performance.

Release your student athlete to the game, to the coach, and even to the officials. Refrain from dissecting every play. Don't **compare** the abilities of your player with his/her teammates.

Don't shout instructions to players or coaches during the game. Teach the importance of **RESPECT** for opponents, officials, and coaches.

Make a commitment to refrain from negative talk about your son or daughter's coach. Make a commitment to <u>not</u> define **winning** as success or **losing** as failure.

If you have a problem with the way things are unfolding, use the **communication plan** highlighted in the parent handbook.

Help us **keep athletics educational.** We are all in this as allies with the goal of **developing student athletes to reach their fullest potential as competitors and people!**

HIGHLIGHTS FOR PARENTS OF HIGH SCHOOL ATHLETES

Welcome to high school athletics! We hope your student will consider participating in one or more sports during his or her high school career. Below is a brief introduction to the transition from Middle School to High School sports.

Participation in athletics is a privilege, not a right, and athletes are to exemplify good citizenship in the greater community as well as in the school. Athletes can be denied participation for violations of the athletic code in the off season and summer.

Please keep in mind that four of the biggest differences from Middle School to High School are:

- 1) longer seasons;
- longer practices;
- 3) an increased commitment to conditioning;
- 4) an increased disparity in playing time.

The purpose of JV and Freshman programs is to

1) increase participation levels; and

2) strengthen the future varsity teams by teaching fundamentals and giving game experience as much as possible. There are **no mandates regarding playing time** at either level, although there is a goal of all freshman level players receiving game exposure at least once per week.

Athletes **must be passing** a *minimum of 5 of 6 classes* to remain eligible to play.

We want to emphasize that there is **value in participation.** We discourage focusing on college scholarships or professional play as a primary means for motivation. We encourage multiple sport participation over year round specialization, and believe that extracurricular participation develops well rounded and well prepared students.

Please utilize the high school sports web page at www.fruitportschools.net . Also helpful is the MHSAA web site at www.mhsaa.net .