

# What's on the Menu?

## Fruitport Elementary Menu May 6

Day 1	Day 2	Day 3	Day 4	Day 5
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### Breakfast

Free Breakfast for All Students

<p><b>Waffles</b> Buttermilk Waffles, Sausage Patty</p>	<p><b>Scrambled Egg Bowl</b> Scrambled eggs, Tater Tots and WG Biscuit topped with Shredded Cheddar Cheese</p>	<p><b>Fruit Smoothie</b> Yogurt blended with frozen Fruit Blend and a side of Granola</p> 	<p><b>Pancakes</b> Tater Tots</p> 	<p><b>Breakfast Pizza Bagel</b></p>
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### Lunch

<p><b>Chicken Tenders</b> Crispy Chicken Tenders with BBQ Sauce Fresh Vegetables &amp; Fruit</p> <p><b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&amp;J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p><b>Walking Taco</b> Beef Taco Meat over Corn Chips with Lettuce, Pico de Gallo, and Cheese Sauce. Salsa cup optional Fresh Vegetables &amp; Fruit</p> <p><b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&amp;J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p><b>Mini Pancakes</b> Mini Buttermilk Pancakes with Sausage Fresh Vegetables &amp; Fruit</p> <p><b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&amp;J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p><b>Mac &amp; Cheese</b> Fresh Vegetables &amp; Fruit</p> <p><b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&amp;J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p><b>Pepperoni Bosco Stick</b> Breadstick filled with Pepperoni and Mozzarella Fresh Vegetables &amp; Fruit</p> <p><b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&amp;J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>
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Lunch Prices  
Full Pay: \$2.65  
Reduced Pay: \$0.40  
Adult: \$5.25

**BREAKFAST:** A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate. Menu is subject to change

A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.



Vegetarian



Locally Grown

This institution is an equal opportunity provider.

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serving up happy & healthy

# What's on the Menu?

Fruitport Middle & High Schools: May 6

Monday

Tuesday

Wednesday

Thursday

Friday

## Breakfast

Free Breakfast for All Students

<p><b>Waffles</b> Buttermilk Waffles, Sausage Patty</p>	<p><b>Breakfast Bowl</b> Scrambled eggs, Tater Tots and WG Biscuit topped with Shredded Cheddar Cheese</p>	<p><b>Fruit Smoothie</b> Yogurt blended with frozen Fruit Blend and a side of Granola</p>	<p><b>Pancakes</b> Tater Tots</p>	<p><b>Breakfast Pizza Bagel</b></p>
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## STUDENT CHOICE FOOD YOUR WAY

<p><b>Bosco Sticks</b> Breadstick filled with Pepperoni and Mozzarella</p>	<p><b>Taco Salad</b> Choice of Fajita Chicken or Beef Taco Meat on a bed of Lettuce, Complete your salad with Tomato, Onions, Peppers, Shredded Cheese and Salsa &amp; Zesty Ranch</p>	<p><b>Waffles</b> WG Waffles, Sausage Patty, Tater Tots</p>	<p><b>French Bread Pizza</b> Classic French Bread topped with tomato sauce and Cheese. Served with French Fries</p>	<p><b>Philly Cheese Steak Sandwich</b></p>
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## SO DELI

Available Daily  
Build your own  
Sub, Wrap, or Flatbread

## grilled

Available Daily  
Build your own  
Burger or Chicken Sandwich\*

## BUILD pizza by design

Hawaiian Pizza	BBQ Pizza	Supreme Pizza	Mushroom Pizza	Neapolitan Pizza
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Available Daily: Pepperoni Pizza, Cheese Pizza

A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate. Menu is sub.

Lunch Prices Full Pay: \$2.85 Reduced Pay: \$0.40  
Adult: \$5.25



Vegetarian



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# What's on the Menu?

## Fruitport Elementary Menu May 13

Day 1	Day 2	Day 3	Day 4	Day 5
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### Breakfast

Free Breakfast for All Students

<p><b>WG Muffin</b> Served with String Cheese</p> 	<p><b>Breakfast Wrap</b> Scrambled Eggs, Sausage and cheddar cheese wrapped in a tortilla</p>	<p><b>Fruit Smoothie</b> Yogurt blended with frozen Fruit Blend and a side of Granola</p> 	<p><b>Baked Cinnamon Oatmeal</b> Warm Oatmeal mixed with Cinnamon</p> 	<p><b>Sausage Breakfast Sandwich</b> Sausage Patty and Buttermilk Biscuit</p>
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### Lunch

<p><b>Classic Cheeseburger</b> American Cheese on an All-Beef Patty. Served with Tater Tots Fresh Vegetables &amp; Fruit</p> <p><b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&amp;J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p><b>Fiestada Pizza</b> Fresh Vegetables &amp; Fruit</p> <p><b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&amp;J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p><b>Rotini with Meat Sauce</b> WG Pasta topped with a Meaty Tomato Sauce Fresh Vegetables &amp; Fruit</p> <p><b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&amp;J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p><b>Mini Corn Dogs</b> Served with Tater Tots Fresh Vegetables &amp; Fruit</p> <p><b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&amp;J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p><b>Sweet &amp; Sour Chicken</b> Breaded Chicken tossed in Sweet &amp; Sour sauce. Fresh Vegetables &amp; Fruit</p> <p><b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&amp;J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>
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Lunch Prices  
Full Pay: \$2.65  
Reduced Pay: \$0.40  
Adult: \$5.25

**BREAKFAST:** A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate. Menu is subject to change

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# What's on the Menu?

Fruitport Middle & High Schools: May 13

Monday

Tuesday

Wednesday

Thursday

Friday

## Breakfast

Free Breakfast for All Students

### WG Muffin

Served with String Cheese



### Breakfast Wrap

Scrambled Eggs, Sausage and cheddar cheese wrapped in a tortilla

### Fruit Smoothie

Yogurt blended with frozen Fruit Blend and a side of Granola



### Baked Cinnamon Apple Oatmeal

Warm Oatmeal mixed with Cinnamon and Apple Slices



### Sausage Breakfast Sandwich

Sausage Patty and Buttermilk Biscuit

## STUDENT CHOICE

FOOD YOUR WAY

### Baked Potato Bar

Build your own Baked Potato - Load it up with choice of Diced Ham, Bacon Crumbles, Cheese Sauce, and Diced Onion

### Taco/Nacho Bar

Build your own Taco or Nacho plate with choice of Chicken, Beef, or Beans. Served with Salsa & Sour Cream

### Boneless Chicken Wings

Boneless Chicken Wings served with choice of BBQ sauce or Hot Sauce. Slaw on the side

### Mini Corn Dogs

Mini Corn Dogs with BBQ Sauce on the side. Served with Baked Beans

### Sweet & Sour Chicken

Breaded Chicken tossed in Sweet & Sour sauce. Served with Fried Rice

## SO DELI

Available Daily  
Build your own  
Sub, Wrap, or Flatbread

## grilled

Available Daily  
Build your own  
Burger or Chicken Sandwich\*

## BUILD

pizza by design

### Veggie Pizza



### BBQ Pizza

### Supreme Pizza

### Mushroom Pizza



### Cheeseburger Pizza

Available Daily: Pepperoni Pizza, Cheese Pizza

A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate. Menu is sub.

Lunch Prices Full Pay: \$2.85 Reduced Pay: \$0.40

Adult: \$5.25



# What's on the Menu?

## Fruitport Elementary Menu May 20

Day 1	Day 2	Day 3	Day 4	Day 5
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### Breakfast

Free Breakfast for All Students

<p><b>Fruedel</b> Fruit filled Pastry served warm</p> 	<p><b>Buttermilk Waffles</b> Buttermilk Waffles served with Syrup</p> 	<p><b>Fruit Smoothie</b> Yogurt blended with frozen Fruit Blend and a side of Granola</p> 	<p><b>Sausage Breakfast Sandwich</b> Sausage Patty and Buttermilk Biscuit</p>	<p><b>Assorted Cereal Bowl</b> Yogurt Assorted Fresh Chilled Fruit</p> 
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### Lunch

<p><b>Hot Dog</b> Fresh Vegetables &amp; Fruit</p> <p><b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&amp;J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p><b>Chips &amp; Cheese</b> Corn Tortilla Chips served with Cheese Sauce and Salsa Fresh Vegetables &amp; Fruit</p> <p><b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&amp;J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p><b>Calzone</b> Pizza Crust filled with Cheese, Pepperoni and Sauce Fresh Vegetables &amp; Fruit</p> <p><b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&amp;J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p><b>Chicken Tenders</b> Crispy Chicken Tenders with BBQ Sauce Fresh Vegetables &amp; Fruit</p> <p><b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&amp;J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p><b>Chicken Alfredo Pasta</b> Rotini Pasta tossed in creamy Alfredo Sauce with diced Chicken Fresh Vegetables &amp; Fruit</p> <p><b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&amp;J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>
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Lunch Prices  
Full Pay: \$2.65  
Reduced Pay: \$0.40  
Adult: \$5.25

**BREAKFAST:** A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate. Menu is subject to change

A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.



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# What's on the Menu?

Fruitport Middle & High Schools: May 20

Monday

Tuesday

Wednesday

Thursday

Friday

## Breakfast

Free Breakfast for All Students

<p><b>Fruedel</b> Fruit filled Pastry served warm</p>	<p><b>Buttermilk Waffles</b> Buttermilk Waffles served with Syrup</p>	<p><b>Fruit Smoothie</b> Yogurt blended with frozen Fruit Blend and a side of Granola</p> 	<p><b>Sausage Breakfast Sandwich</b> Sausage Patty and Buttermilk Biscuit</p>	<p><b>Chicken &amp; Waffle Breakfast Sandwich</b> Waffles and a Crispy Chicken Patty with American Cheese.</p>
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Hamburger Or Hot Dog Bar

Taco/Nacho Bar

Mac & Cheese

Buffalo Chicken Dip

Stromboli

Choice of Hamberger or Hot Dog. Served with Fries

Build your own Taco or Nacho plate with choice of Chicken, Beef, or Beans. Served with Salsa & Sour Cream

Creamy Mac & Cheese. Served with Tater Tots

Diced Chicken in a creamy Mozzarella Cheese, Cream Cheese, and Buffalo Sauce mix. Served with Pretzels

A student favorite! Ham, Pepperoni, Turkey, Mozzarella folded in a crispy baked crust

## SO DELI

Available Daily  
Build your own  
Sub, Wrap, or Flatbread

## grilled

Available Daily  
Build your own  
Burger or Chicken Sandwich\*



Hawaiian Pizza

BBQ Pizza

Supreme Pizza

Mushroom Pizza

Buffalo Chicken Pizza

Available Daily: Pepperoni Pizza, Cheese Pizza



A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate. Menu is sub.

Lunch Prices Full Pay: \$2.85 Reduced Pay: \$0.40  
Adult: \$5.25



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# What's on the Menu?

## Fruitport Elementary Menu May 27

Day 1	Day 2	Day 3	Day 4	Day 5
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### Breakfast

Free Breakfast for All Students

No School	Assorted Cereal Bowl	Fruit Smoothie	Breakfast Pizza	Breakfast Burrito
	Yogurt Assorted Fresh Chilled Fruit	Yogurt blended with frozen Fruit Blend and a side of Granola	Sausage Breakfast Pizza	Egg, Sausage, Cheese and Bean wrapped in a WG tortilla
				

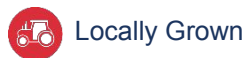
### Lunch

	Walking Taco	Waffles	Corn Dog	Chicken Nuggets
	Beef Taco Meat over Corn Chips with Lettuce, Pico de Gallo, and Cheese Sauce. Salsa cup optional Fresh Vegetables & Fruit	Buttermilk Waffles with Sausage Fresh Vegetables & Fruit	Fresh Vegetables & Fruit	Fresh Vegetables & Fruit
	<b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)	<b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)	<b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)	<b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)

Lunch Prices  
 Full Pay: \$2.65  
 Reduced Pay: \$0.40  
 Adult: \$5.25

**BREAKFAST:** A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate. Menu is subject to change

A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.



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# What's on the Menu?

Fruitport Middle & High Schools: May 27

Monday

Tuesday

Wednesday

Thursday

Friday

## Breakfast

Free Breakfast for All Students

<p><b>No School</b></p>	<p><b>Cereal Bowl</b> Yogurt Assorted Fresh Chilled Fruit</p> 	<p><b>Fruit Smoothie</b> Yogurt blended with frozen Fruit Blend and a side of Granola</p> 	<p><b>Breakfast Pizza</b> Sausage Breakfast Pizza</p>	<p><b>Breakfast Burrito</b> Egg, Sausage, Cheese and Bean wrapped in a WG tortilla</p>
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## STUDENT CHOICE FOOD YOUR WAY

Taco/Nacho Bar

Build your own Taco or Nacho plate with choice of Chicken, Beef, or Beans. Served with Salsa & Sour Cream

Popcorn Chicken & Mashed Potato Bowl

Popcorn Chicken over Mashed Potatoes and Corn. Covered in Chicken Gravy and served with a Biscuit

Ravioli Bar

Choice of Marinara or Alfredo on Cheese Stuffed Ravioli

Waffle Bar

Waffles topped with your choice of Fruit Sauce. Served with Sausage and a Biscuit

## SO DELI

Available Daily  
Build your own  
Sub, Wrap, or Flatbread

## grilled

Available Daily  
Build your own  
Burger or Chicken Sandwich\*

## BUILD pizza by design

BBQ Pizza

Taco Pizza

Bacon Cheeseburger Pizza

Pepperoni & Sausage  
Pizza

Available Daily: Pepperoni Pizza, Cheese Pizza



A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate. Menu is sub.

Lunch Prices Full Pay: \$2.85 Reduced Pay: \$0.40

Adult: \$5.25

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