

What's on the Menu?

Fruitport Elementary Menu April 8

Day 1	Day 2	Day 3	Day 4	Day 5
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Breakfast

Free Breakfast for All Students

<p>Waffles Buttermilk Waffles, Sausage Patty</p>	<p>Scrambled Egg Bowl Scrambled eggs, Tater Tots and WG Biscuit topped with Shredded Cheddar Cheese</p>	<p>Fruit Smoothie Yogurt blended with frozen Fruit Blend and a side of Granola</p> 	<p>Pancakes Tater Tots</p> 	<p>Breakfast Pizza Bagel</p>
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Lunch

<p>Chicken Tenders Crispy Chicken Tenders with BBQ Sauce Fresh Vegetables & Fruit</p> <p>2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p>Walking Taco Beef Taco Meat over Corn Chips with Lettuce, Pico de Gallo, and Cheese Sauce. Salsa cup optional Fresh Vegetables & Fruit</p> <p>2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p>Mini Pancakes Mini Buttermilk Pancakes with Sausage Fresh Vegetables & Fruit</p> <p>2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p>Mac & Cheese Fresh Vegetables & Fruit</p> <p>2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p>Ham & Cheese Hawaiian Roll Smoked Ham and American Cheese on a Hawaiian Roll. Fresh Vegetables & Fruit</p> <p>2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>
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Lunch Prices
Full Pay: \$2.65
Reduced Pay: \$0.40
Adult: \$5.25

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate. Menu is subject to change

A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.



Vegetarian



Locally Grown

This institution is an equal opportunity provider.



What's on the Menu?

Fruitport Middle & High Schools: April 8

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast

Free Breakfast for All Students

<p>Waffles Buttermilk Waffles, Sausage Patty</p>	<p>Breakfast Bowl Scrambled eggs, Tater Tots and WG Biscuit topped with Shredded Cheddar Cheese</p>	<p>Fruit Smoothie Yogurt blended with frozen Fruit Blend and a side of Granola</p>	<p>Pancakes Tater Tots</p>	<p>Breakfast Pizza Bagel</p>
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STUDENT CHOICE FOOD YOUR WAY

Fried Chicken

Taco Salad

Waffles

French Bread Pizza

Philly Cheese Steak
Sandwich

Crispy Fried Chicken Quarters.
Served with Mashed Potatoes and
Gravy, Coleslaw

Choice of Fajita Chicken or Beef
Taco Meat on a bed of Lettuce,
Complete your salad with
Tomato, Onions, Peppers,
Shredded Cheese and Salsa &
Zesty Ranch

WG Waffles, Sausage Patty, Tater
Tots

Classic French Bread topped with
tomato sauce and Cheese.
Served with French Fries

SO DELI

Available Daily
Build your own
Sub, Wrap, or Flatbread

grilled

Available Daily
Build your own
Burger or Chicken Sandwich*

BUILD pizza by design

Hawaiian Pizza

BBQ Pizza

Supreme Pizza

Mushroom Pizza

Neapolitan Pizza

Available Daily: Pepperoni Pizza, Cheese Pizza

A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate. Menu is sub.

Lunch Prices Full Pay: \$2.85 Reduced Pay: \$0.40
Adult: \$5.25

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Vegetarian



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What's on the Menu?

Fruitport Elementary Menu April 15

Day 1	Day 2	Day 3	Day 4	Day 5
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Breakfast

Free Breakfast for All Students

<p>WG Muffin Served with String Cheese</p> 	<p>Breakfast Wrap Scrambled Eggs, Sausage and cheddar cheese wrapped in a tortilla</p>	<p>Fruit Smoothie Yogurt blended with frozen Fruit Blend and a side of Granola</p> 	<p>Baked Cinnamon Oatmeal Warm Oatmeal mixed with Cinnamon</p> 	<p>Sausage Breakfast Sandwich Sausage Patty and Buttermilk Biscuit</p>
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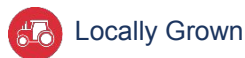
Lunch

<p>Classic Cheeseburger American Cheese on an All-Beef Patty. Served with Tater Tots Fresh Vegetables & Fruit</p> <p>2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p>Fiestada Pizza Fresh Vegetables & Fruit</p> <p>2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p>Rotini with Meat Sauce WG Pasta topped with a Meaty Tomato Sauce Fresh Vegetables & Fruit</p> <p>2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p>Mini Corn Dogs Served with Tater Tots Fresh Vegetables & Fruit</p> <p>2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p>School Pepperoni Pizza Traditional Square Pizza Fresh Vegetables & Fruit</p> <p>2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>
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Lunch Prices
Full Pay: \$2.65
Reduced Pay: \$0.40
Adult: \$5.25

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate. Menu is subject to change

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What's on the Menu?

Fruitport Middle & High Schools: April 15

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast

Free Breakfast for All Students

WG Muffin

Served with String Cheese



Breakfast Wrap

Scrambled Eggs, Sausage and cheddar cheese wrapped in a tortilla

Fruit Smoothie

Yogurt blended with frozen Fruit Blend and a side of Granola



Baked Cinnamon Apple Oatmeal

Warm Oatmeal mixed with Cinnamon and Apple Slices



Sausage Breakfast Sandwich

Sausage Patty and Buttermilk Biscuit



Baked Potato Bar

Build your own Baked Potato - Load it up with choice of Diced Ham, Bacon Crumbles, Cheese Sauce, and Diced Onion

Taco/Nacho Bar

Build your own Taco or Nacho plate with choice of Chicken, Beef, or Beans. Served with Salsa & Sour Cream

Boneless Chicken Wings

Boneless Chicken Wings served with choice of BBQ sauce or Hot Sauce. Slaw on the side

Mini Corn Dogs

Mini Corn Dogs with BBQ Sauce on the side. Served with Baked Beans

School Pizza

Traditional Square Pizza. Served with Tater Tots

SO DELI

Available Daily
Build your own
Sub, Wrap, or Flatbread

grilled

Available Daily
Build your own
Burger or Chicken Sandwich*



Veggie Pizza



BBQ Pizza

Supreme Pizza

Mushroom Pizza



Cheeseburger Pizza

Available Daily: Pepperoni Pizza, Cheese Pizza

A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate. Menu is sub.

Lunch Prices Full Pay: \$2.85 Reduced Pay: \$0.40

Adult: \$5.25



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What's on the Menu?

Fruitport Elementary Menu April 22

Day 1	Day 2	Day 3	Day 4	Day 5
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Breakfast

Free Breakfast for All Students

<p>Fruedel Fruit filled Pastry served warm</p> 	<p>Buttermilk Waffles Buttermilk Waffles served with Syrup</p> 	<p>Fruit Smoothie Yogurt blended with frozen Fruit Blend and a side of Granola</p> 	<p>Sausage Breakfast Sandwich Sausage Patty and Buttermilk Biscuit</p>	<p>Assorted Cereal Bowl Yogurt Assorted Fresh Chilled Fruit</p> 
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Lunch

<p>Chicken Tenders Crispy Chicken Tenders with BBQ Sauce Fresh Vegetables & Fruit</p> <p>2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p>Chips & Cheese Corn Tortilla Chips served with Cheese Sauce and Salsa Fresh Vegetables & Fruit</p> <p>2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p>Calzone Pizza Crust filled with Cheese, Pepperoni and Sauce Fresh Vegetables & Fruit</p> <p>2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p>Hot Dog Fresh Vegetables & Fruit</p> <p>2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p>Chicken Alfredo Pasta Rotini Pasta tossed in creamy Alfredo Sauce with diced Chicken Fresh Vegetables & Fruit</p> <p>2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>
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Lunch Prices
Full Pay: \$2.65
Reduced Pay: \$0.40
Adult: \$5.25

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate. Menu is subject to change

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What's on the Menu?

Fruitport Middle & High Schools: April 22

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast

Free Breakfast for All Students

Fruedel

Fruit filled Pastry served warm

Buttermilk Waffles

Buttermilk Waffles served with Syrup

Fruit Smoothie

Yogurt blended with frozen Fruit Blend and a side of Granola



Sausage Breakfast Sandwich

Sausage Patty and Buttermilk Biscuit

Chicken & Waffle Breakfast Sandwich

Waffles and a Crispy Chicken Patty with American Cheese.



Hamburger Or Hot Dog Bar

Choice of Hamberger or Hot Dog. Served with Fries

Taco/Nacho Bar

Build your own Taco or Nacho plate with choice of Chicken, Beef, or Beans. Served with Salsa & Sour Cream

Mac & Cheese

Creamy Mac & Cheese. Served with Tater Tots

Buffalo Chicken Dip

Diced Chicken in a creamy Mozzarella Cheese, Cream Cheese, and Buffalo Sauce mix. Served with Pretzels

Fried Fish Basket

Crispy Fried and Flaky. Served with Fries

SO DELI

Available Daily
Build your own
Sub, Wrap, or Flatbread

grilled

Available Daily
Build your own
Burger or Chicken Sandwich*



Hawaiian Pizza

BBQ Pizza

Supreme Pizza

Mushroom Pizza

Buffalo Chicken Pizza

Available Daily: Pepperoni Pizza, Cheese Pizza



A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate. Menu is sub.

Lunch Prices Full Pay: \$2.85 Reduced Pay: \$0.40

Adult: \$5.25



Vegetarian



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What's on the Menu?

Fruitport Elementary Menu April 29

Day 1	Day 2	Day 3	Day 4	Day 5
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Breakfast

Free Breakfast for All Students

<p>Pancakes Tater Tots</p> 	<p>Assorted Cereal Bowl Yogurt Assorted Fresh Chilled Fruit</p> 	<p>Fruit Smoothie Yogurt blended with frozen Fruit Blend and a side of Granola</p> 	<p>Breakfast Pizza Sausage Breakfast Pizza</p>	<p>Breakfast Burrito Egg, Sausage, Cheese and Bean wrapped in a WG tortilla</p>
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Lunch

<p>Pepperoni Bosco Stick Breadstick filled with Pepperoni and Mozzarella Fresh Vegetables & Fruit</p> <p>2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p>Walking Taco Beef Taco Meat over Corn Chips with Lettuce, Pico de Gallo, and Cheese Sauce. Salsa cup optional Fresh Vegetables & Fruit</p> <p>2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p>Waffles Buttermilk Waffles with Sausage Fresh Vegetables & Fruit</p> <p>2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p>Corn Dog Fresh Vegetables & Fruit</p> <p>2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p>Chicken Nuggets Fresh Vegetables & Fruit</p> <p>2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>
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Lunch Prices
Full Pay: \$2.65
Reduced Pay: \$0.40
Adult: \$5.25

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate. Menu is subject to change

A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.



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What's on the Menu?

Fruitport Middle & High Schools: April 29

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast

Free Breakfast for All Students

<p>WG Pancakes Sausage, Tater Tots</p> 	<p>Cereal Bowl Yogurt Assorted Fresh Chilled Fruit</p> 	<p>Fruit Smoothie Yogurt blended with frozen Fruit Blend and a side of Granola</p> 	<p>Breakfast Pizza Sausage Breakfast Pizza</p>	<p>Breakfast Burrito Egg, Sausage, Cheese and Bean wrapped in a WG tortilla</p>
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STUDENT CHOICE FOOD YOUR WAY

Chili Cheese Fries

Taco/Nacho Bar

Popcorn Chicken & Mashed
Potato Bowl

Ravioli Bar

Waffle Bar

French Fries topped with a Creamy Cheese Sauce and choice of diced vegetables.

Build your own Taco or Nacho plate with choice of Chicken, Beef, or Beans. Served with Salsa & Sour Cream

Popcorn Chicken over Mashed Potatoes and Corn. Covered in Chicken Gravy and served with a Biscuit

Choice of Marinara or Alfredo on Cheese Stuffed Ravioli

Waffles topped with your choice of Fruit Sauce. Served with Sausage and a Biscuit

SO DELI

Available Daily
Build your own
Sub, Wrap, or Flatbread

grilled

Available Daily
Build your own
Burger or Chicken Sandwich*

BUILD pizza by design

Chicken Bacon Ranch Pizza

BBQ Pizza

Taco Pizza

Bacon Cheeseburger Pizza

Pepperoni & Sausage
Pizza

Available Daily: Pepperoni Pizza, Cheese Pizza

A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate. Menu is sub.

Lunch Prices Full Pay: \$2.85 Reduced Pay: \$0.40
Adult: \$5.25

